



# Frederick Bremer's Safeguarding Team

We are a trauma informed school

We are here to keep you safe

Talk to us if you feel worried or upset about anything. For example, you should talk to us:

- If you feel upset or worried, about anything at all (even if you think it is not important)
- If someone has hurt you physically, emotionally or mentally
- If you are being threatened or forced to do things
- If someone has done something to you without your consent
- If you feel unsafe in School, at home or in public
- If you feel uncomfortable in anyway
- If you know of another pupil who is worried, upset or being hurt
- If you are scared or worried about going home

## Important Phone Numbers

- Child line– 0800 1111
- NSPCC– 0800 1111
- The police (if you are in danger) - 999

## Who can you speak to if you feel worried or upset?

You can speak to any member of staff at School about anything that is worrying you. We also have a safeguarding team, who are here to listen, support and help you at any time of the school day.

## Heads of Year



**Year 7**  
**Mr Carryl**



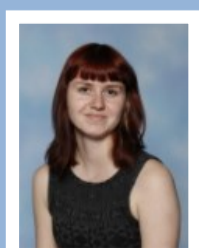
**Year 10**  
**Ms Piercey**



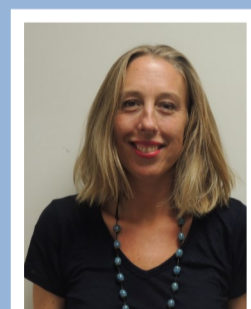
**Year 8**  
**Ms Blackwin**



**Year 11**  
**Ms Kenny**



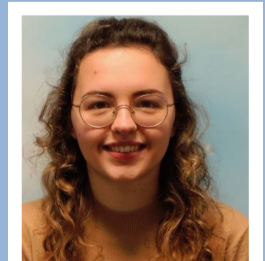
**Year 9**  
**Ms Daisley**



**Ms Hewitt**  
**Deputy Headteacher**  
**Designated Safeguarding Lead**



**Ms Anderson**  
**Deputy DSL**



**Ms Stephens**  
**Deputy DSL**

## How to tell us something

- Talk to any member of staff. Every student has at least one trusted adult in school which may be your form tutor, PSO, HOY or a teacher
- Email safeguarding  
[@bremer.waltham.sch.uk](mailto:@bremer.waltham.sch.uk)
- Write a letter and hand it in to reception or a teacher
- Phone the school telephone number– 020 8498 3340

## How to stay safe in school

- Keep hands, feet and objects to yourself
- Follow instructions
- Trauma informed transitions
- Respect everyone
- Only use positive language
- Never be a bystander to bullying or poor behaviour
- Report any unsafe or concerning situations