

# FREDERICK BREMER'S SAFEGUARDING TEAM

#### Talk to us about anything:

- If you feel upset, uncomfortable or worried, about anything at all (even if you think it is not important)
- If someone has hurt you physically, emotionally or mentally
- If you are being threatened, forced or coerced to no something that makes you feel uncomfortable
- If someone has done something to you without your consent
- If you feel unsafe in school, at home or in public
- If you know of another pupil who is being hurt or upset/uncomfortable
- If you are scared or worried about going home

Important Phone Numbers
Child line— 0800 1111
NSPCC— 0800 1111

The police (if you are in danger) - 999

## Who can you speak to if you feel worried or upset?

You can speak to any member of staff at School about anything that is worrying you. We also have a safeguarding team, who are here to listen, support and help you at any time of the school day.

#### How to tell us something

- Talk to any member of staff. Every student has at least one trusted adult in school which may be your form tutor, PSO, HOY or a teacher
- Email safeguarding@bremer.waltham.sch.uk
- Write a letter and hand it in to reception or a teacher
- Phone the school telephone number— 020 8498 3340

#### How to stay safe in school

- Keep hands, feet and objects to yourself
- Follow instructions
- Trauma informed transitions
- Respect everyone
- Only use positive language
- Never be a bystander to bullying or poor behaviour
- Report any unsafe or concerning situations



Ms Anderson **Deputy DSL** 



Ms Hewitt
Deputy Headteacher
Designated Safeguarding Lead



Ms Stephens
Deputy DSL

### **Heads of Year**



**Year 7**Mr Carryl



Year 8
Ms Blackwin



**Year 9**Ms Daisley



Year 10 Ms Kenny



Year 11 Ms Anderson